

A community response to domestic abuse







Elm I Foundation. Freedom from Domestic Abuse

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What is The Elm Foundation?

The Elm Foundation is a specialist organisation in Derbyshire supporting anyone experiencing or affected by domestic abuse.

Domestic abuse is not just about a person threatening or hitting their partner, it can include a whole range of things including; belittling, constant criticism, isolating someone form their friends and family, sexual abuse and financial control. It can take place in all sorts of relationships including marriages, partnerships and from family members. It often continues after a relationship has ended.

Our services include; refuge accommodation, community based support, group work, a specialist young women's service and children and young people's project.

"We believe that domestic abuse can be stopped. We believe that as a community working together we can end domestic abuse."



What is Together for Change?

At The Elm Foundation we want to change this by creating Community Champions to raise awareness of domestic abuse and create environments so that people feel able to speak out.

Our Together for Change scheme seeks to inspire community members to become Champions who will be able to share what they have learned with friends, family, neighbours and colleagues. They will learn how to respond to and seek expert services for people in their community experiencing domestic abuse.

"The 'community' is often the first to know about domestic abuse. But lack of understanding and confidence can make people afraid to bring it up, and unsure of how to respond when someone tells them about it." (Women's Aid 2019)



How will being a Champion help our local communities?

- It will mean that a person affected will be able to get help earlier and therefore, have support sooner.
- The community will stop asking "why don't they leave?" and instead ask "why don't they stop the abuse?"
- Raise awareness within our local community.
- Reduce missed opportunities for victims to get help.
- It will enable businesses and community groups to better support their colleagues and group members.

"Raise awareness"

"Supportive community"



How to apply



Please email: champions@theelmfoundation.org.uk

Telephone 07485 900419

Visit our website www.theelmfoundation.org.uk

"Help for victims sooner"

"Stronger together"



