The Elm Foundation ANNUAL CALENDAR

If you have any questions about donating please get in touch with us by e: <u>gift@theelmfoundation.org.uk</u> t: 07485 900422

January

New Year, a fresh start. Clean up items such as pans, chopping boards, cutlery, dish clothes, tea towels, hand towels, dusters, dustpan & brush sets, cleaning products all help families look after their own space and maintain independence.

April bleb

To recognise World Autism Awareness Day (2 April) how about items for children, maybe sensory, fidget, lights, comfort, problem solving, creative, reading etc.

July



Schools out for summer, Schools out for summer, So items such as sunglasses, flip flops, swimming costumes for children and outdoor games to encourage playing in the garden.

October



As we approach supermarket madness, could you donate food vouchers? These are really useful for women if they arrive with no money.

February To help with the

February blues, why not donate blue, green, orange or any coloured crayons and pens to help brighten the children's days along with craft items, colouring books, pencils, cards and any small tabletop games.

May

Spring cleaning products are useful for women leaving the refuge about to start in their own properties.



August

Play time – how about new playdough, crayons, paper, colouring books, craft activities for the children.

November 🕅

Please remember we support men to leave their abuser too. As part of Supporting Male Victims of Domestic Abuse Day (7 Nov), any self care items or clothing for men would improve their wellbeing.

March



Hop into Spring by donating Easter craft activities, chocolates and sweets for children. Or a new children's book for World Book Day.

June



Summer is hopefully here, so sunscreen for women, children and babies, children's sun hats and cool clothing.

September

To help prepare for autumn and winter we would love to get scarves, hats and gloves for children and women.

December

So many of you get in

touch about toys for babies and younger children and they are much appreciated, but we are often short of gifts for women and men who are alone, or older children at this time of year.

The Elm Foundation. Freedom from Domestic Abuse

Reminder